



Consent for Treatment Form

Osteopathy is a paramedical treatment method based on touch, which sees the body as a single unit. It aims to treat the root cause and help alleviate pain through improving body movement and normal functioning of its various systems.

The method follows the following principles:

- The body is a single dynamic unit of function
- The body possesses self-regulatory and self-healing mechanisms
- Structure and function are interrelated
- It is important to maintain regular blood flow and normal nerve conduction.

The osteopath treats musculoskeletal joints, the spine, ribs and skull, as well as internal organs, blood and lymphatic system, nervous system and the soft tissues that connect them. Prior to the diagnosis, there is a medical interview in which you will be asked to disclose any necessary medical information.

Diagnosis and treatment are performed with minimal clothing (e.g., underwear and a bra, or shorts and a sports bra) to allow a clear diagnosis of the spine and joints.

Diagnosis includes examination and assessment of the patient's posture, position of joints, and quality of motions.

The treatment is performed lying down, sitting, standing, and sometimes in motion, and includes various manual techniques employed for the benefit of diagnosis and treatment.

Treatment may include work on tissues of the pelvic floor area, the thoracic area, and other areas of the body. Treatment may also include work on the oral cavity, with disposable gloves, for the treatment of palate bones.

During treatment, the osteopath member of the association, must honor the patient and must comply with the ethical codes of conduct published by the Israeli Osteopathic Association and the Forum for Osteopathic Regulation in Europe.

The cost of treatment can be agreed on prior to treatment. The duration of the first treatment is usually longer and may take between 60-90 minutes.



Patient rights:

- In case you feel any discomfort during the treatment as a result of a certain technique, the therapist commits to tailoring the techniques to your request.
- You have the right to ask the therapist to stop any technique or completely refuse treatment, without consequences, at any point in time.
- You are given the opportunity to ask questions regarding the diagnosis/treatment protocol and receive satisfactory answers throughout the course of treatment.
- You will be given appropriate information about possible side effects that may occur as a result of this treatment.
- All information is confidential and no identifying details will be disclosed to any third party. Any information about you will be available only to the therapist, unless you have given written permission to share such information with other physicians or caregivers for the purpose of improving the outcomes of the treatment.
- It is recommended that you verify that the therapist is a member of the Israeli Register of Osteopaths.

Note: If the patient is a minor or mentally ill, he or she must be accompanied by a parent or legal guardian.

Statement:

I hereby declare that I have read the above and that I agree to receive the proposed treatment.

Name _____

Signature _____